



COMMUNAUTE BOUDDHIQUE ZEN VILLAGE DES PRUNIER

Official Announcement

Plum Village
November 30, 2014

To all Plum Village Practice Centers,
To all Practice Centers and Sanghas World Wide,
To our Dear Beloved Friends,

As the Winter Retreat continues to unfold in all our practice centers in Europe and America, Thay's condition in the hospital remains stable.

Thay continues to rest peacefully with the ticking clock on his pillow, and we sense that he is relying on his deep awareness of breathing, rooted in Store Consciousness, to guide his healing process. Even the doctors have been surprised at the consistent level of oxygen in his blood. Thay is truly the best breather in the world, inspiring us to deepen our full awareness of the breath. Thay continues to remind us that each day we are alive is a miracle, and that simply to breathe is a gift.

The latest scan shows that Thay's hemorrhage has slightly reduced in size. The edema is still present, but has not worsened. The doctors have met to re-evaluate their approach and review how to nourish Thay's body more as we enter medium-term treatment. Thay continues to receive 24-hour care from his monastic attendants as well as hospital nurses. We are very grateful for the commitment of the hospital neurologists who are maintaining Thay's healing process with open hearts and minds.

Earlier this year, Thay accepted an invitation from Pope Francis to go to the Vatican on December 1 & 2 to support a global initiative to end modern slavery. A delegation of 22 monks and nuns, including Sister Chan Khong and Thay Phap An (Director of our European Institute of Applied Buddhism in Germany) are now in Rome to realise Thay's wish.

We continue to be grateful for your messages of support and the energy of mindfulness and compassion being generated for Thay. Wherever we are, we know that our practice of nourishing and healing ourselves is the best way we can all take care of Thay, and take care of the present moment.

*Because suffering is impermanent, that is why we can transform it.
Because happiness is impermanent, that is why we have to nourish it.*

-TNH, 10th June 2014

With trust and love,

The Monks and Nuns of Plum Village

Future reports on Thay health and recovery will be posted officially at plumvillage.org, langmai.org, villagedespruniers.org, and www.facebook.com/thichnhathanh.