

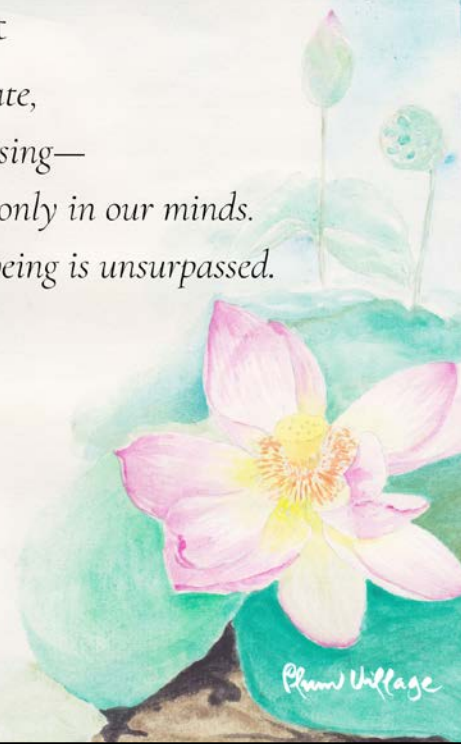
Taking the first step of the day

*Walking on the Earth
is a miracle!
Each mindful step
reveals the wondrous Dharmakaya.*



Using the Toilet

*Defiled or immaculate,
increasing or decreasing—
these concepts exist only in our minds.
The reality of interbeing is unsurpassed.*



Bathing

*Unborn and indestructible,
beyond time and space—
Both transmission and inheritance
lie in the wonderful nature of the
Dharmadhatu.*



Turning on the light

*Forgetfulness is the darkness,
mindfulness is the light.
I bring awareness
to shine upon all life.*

