

## Schedule online Asia/ Pacific - Earth retreat June 2023

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This schedule is for Asian/ Pacific time zones (Vietnam, Bangkok time UTC +7)											
CEST UTC +2	Vietnam UTC +7	China UTC + 8	Australia UTC +10		Saturday 17	Sunday 18	Monday 19	Tuesday 20	Wednesday 21	Thursday 22 LH	Friday 23
Paris time	Bangkok	China	Sydney				LAZY DAY				Departure day
	6:00 AM	7:00 AM	9:00 AM		guided Sitting med + Love letter to the Earth	silent sitting + Love letter to the Earth	lazy morning	guided Sitting med + Love letter to the Earth	Silent sitting	Beginning anew with Mother Earth ceremony	
	7:00 AM	8:00 AM	10:00 AM		Exercise (rec.)	Exercise (rec.)		Exercise (rec.)	Exercise (rec.)	Exercise (rec.)	
	7:30 AM	8:30 AM			Breakfast offline	Breakfast offline	Breakfast offline	Breakfast offline	Breakfast offline	Breakfast offline	
	9:30 AM	10:30 AM	12:30 PM	rec.	Total relaxation & short orientation	Guided sitting meditation and reading	ONLINE TEAM Workshops	silent sitting	multi-traditional Solstice celebration	ONLINE TEAM Workshops	Closing session: Celebrating our diversity
	12:00 PM	1:00 PM			lunch offline						
	1:30 PM	2:30 PM	4:30 PM		Total relaxation	Total relaxation		Total relaxation	Total relaxation		
9:30 AM	2:30 PM	3:30 PM	5:30 PM	live from PV	Dharma Talk	Dharma Talk	rest	Dharma Talk	Q&A	Dharma Talk	
	5:00 PM	6:00 PM			Walking meditation offline						
	6:00 PM	7:00 PM			dinner offline					8:00 PM 5 MT Transm. online	
		7:30 PM			Chinese speaking Dharma sharing				Chinese speaking Dharma sharing		
			8:00 PM		Dharma sharing for Australia				Dharma sharing for Australia		
3:00PM - 4:30 PM	8:00 PM - 9: 30 PM	9:00 PM	11:00 PM	live	Dharma sharing*	Dharma sharing*	ONLINE TEAM Panel sharing	Panel sharing from PV	Dharma sharing*	9:00 PM Dharma sharing*	
6:00 PM	11:00 PM	12:00 PM		<b>Optional</b>	Affinity groups		Affinity groups	Open tea table	Affinity groups		
<p>* Depending on the demand and availability of facilitators, the time for Dharma sharings for Chinese speaking group and for people from Australia/ Pacific will be different, so that it is more convenient. Dharma sharing for Australians will be at 8.00 pm Sydney time. The Chinese speaking Dharma sharing might be at 7.30 pm China time (UTC +8) (to be confirmed).</p>											
<p><b>Please note: This schedule might be subject to changes.</b></p>											